



STEPARC



PUTHALIKA PATRIKA

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## PUTHALIKA PATRIKA

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Date would be Month of Edition of Puthalika Patrika

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# Editorial Column

Padmini Rangarajan

## "Strings of Meaning: Puppetry as Pedagogy"

In the quiet corners of our classrooms and the vibrant stages of our school corridors, puppets have begun to speak—not just in voices, but in values. This September, we celebrate the growing tapestry of *Puppetry in Education* across our learning spaces, where math becomes melody, language becomes empathy, and stories become bridges.

## Math Puppet Play: When Zero Found Its Voice

In our recent performance "*Zero is Hero*," numbers danced, argued, and discovered their worth. Through the gentle wisdom of **Mother Math**, children met Mallu and Malli—curious learners who questioned the value of Zero. As place value unfolded through puppet gestures and playful questioning, abstract concepts became tactile truths. Children didn't just learn math—they *felt* it.

## Hindi Puppet Drama: Bhasha ka Chamatkar

In "*Bhasha ka Chamatkar*," language became a mirror of respect. The blind man, once dismissed as "useless," revealed the true identities of a Sipahi, Mantri, Raja, and Senapathi—not by sight, but by speech. Through this powerful scene, children learned that tone carries dignity, and that respectful language is not a formality—it's a form of justice.

## Lambe Lambe Course: Small Boxes, Big Worlds

Our slow-unfolding **Lambe Lambe course** has begun to take root. In these miniature puppet theatres, children craft silent stories inside shoebox-sized



# Editorial Column

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stages—where every blink matters, and every gesture speaks. Though the pace is gentle, the learning is deep. Lambe Lambe invites children to listen with their eyes and feel with their imagination.

### Storytelling for the Soul

Puppetry has become a daily ritual of wonder. Primary children now meet characters who teach kindness, curiosity, and courage. Whether it's a Cow or a tiger or a monkey learning to share or a moonbeam guiding a lost star,

these stories help children process emotions, build vocabulary, and connect with the world around them—one puppet at a time.

Puppetry is not just performance—it's pedagogy. It allows children to rehearse empathy, visualize logic, and embody language. As we continue to explore its potential, let us remember:

**“A puppet may be made of cloth and string, but the stories it tells can stitch together”**



World Puppetry:

Vibrant Masked Dance Festival in Kathmandu

Padmini Rangarajan



*"Where demons protect, and chaos blesses"*

In the lively core of Kathmandu, surrounded by the resonant chimes of temple bells and the fragrant wafts of incense, a masked figure surges through the alleys annually, evoking a profound sense of wonder and exhilaration among both children and adults. The Majipa Lakhey, known as the "peaceful demon" of Kathmandu, engages in a ritualistic dance — the Lakhey Naach — which stands as one of the most iconic and enigmatic manifestations of Nepal's intangible cultural heritage. Conducted each year amidst the festivities of Indra Jatra, the Majipa Lakhey Naach transcends mere street theatre. This practice embodies a dynamic ritual, serving as a collective remembrance and a narrative of myth, reflecting the enduring cultural

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richness of the Newar community. Today, akin to numerous traditional art forms deeply embedded in spiritual and communal practices, it confronts significant challenges regarding its continuity, relevance, and authenticity within an increasingly modernised society.

Mythology and Origins

The Lakhey is regarded as a rakshasa, a demon found within the mythologies of both Hinduism and Buddhism. In contrast to the terrifying entities often depicted in popular narratives, the Majipa Lakhey serves as a guardian of goodwill. The designation "Majipa" pertains to the historical district of Kathmandu, known as Yen or Yambu in the Newar vernacular. As per the tale, the demon became enamoured with a



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maiden from Majipa and resolved to establish his residence in the city. In return for granting him refuge, the local monarch exacted a pledge from him to safeguard the children and cleanse the city of other nefarious entities.

Thus commenced the tradition of the Majipa Lakhey — the entity that performs a dance to safeguard the city. The narrative embodies profound allegorical significance: the metamorphosis of untamed energies into nurturing guardians via communal involvement and ritualistic dedication.

The Significance and Performance

The Majipa Lakhey Naach presents a captivating and dynamic display. Adorned in a

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striking red mask characterised by prominent eyes, sharp fangs, and an imposing crown of flames, the Lakhey navigates the alleys of Kathmandu with visceral howls and erratic motions. His imposing stature is adorned with flowing red silk attire that billows dramatically as he twirls, thunders, and advances with purpose. Concealed beneath the mask is a skilled dancer — invariably male — hailing from the Ranjitkar lineage, the traditional guardians of the Lakhey.

The dance embodies both physical rigour and profound spiritual meaning. The performer is required to enter a state akin to trance, as the mask is regarded as sacred and infused with profound power. Lakhey is joined by musicians wielding traditional instruments such as the dhime (drum), bhusya (cymbals), and basuri



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(flute), producing a sonic tempest that reflects the tumult and release inherent in the dance.

The arrival of the Lakhey at Hanuman Dhoka, accompanied by his fervent pursuit of the Pulukishi, the white elephant mount of Indra, serves as a profound representation of his function in dispelling malevolence. For children, the presence of the Lakhey evokes a sense of both fear and excitement — a performance that straddles the boundary of the otherworldly.

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The Significance of Culture and the Dynamics of Intergenerational Identity

The Lakhey Naach serves as a profound expression of cultural identity and the continuity of tradition. Executed amidst Indra Jatra — a festival of paramount importance in the Kathmandu Valley — it forges a link between the contemporary urban cadence and its legendary heritage. It strengthens the bonds within the Newar community and underscores their cultural and historical significance to the identity of Kathmandu.

The dance serves as an opportunity for the exchange of knowledge across generations. From a tender age, young boys belonging to the Ranjitkar community are instructed in the intricate rhythms, postures, and profound significance of their



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traditional dance. The transmission of musical skills, mask-making traditions, and the upkeep of costumes occurs through oral traditions, thereby safeguarding the heritage of the Lakhey lineage. However, these traditions possess a certain delicacy. The younger generation, captivated by contemporary careers and lifestyles, increasingly discover a scarcity of time or motivation to engage in these practices. The rigorous physical conditioning, confidentiality, and strict discipline demanded of a Lakhey dancer do not readily correspond with modern ambitions.

The Ritual Preparation and the Sacred Mask

The mask stands at the heart of the Majipa Lakhey tradition, embodying profound cultural and spiritual importance. Constructed from papier-mâché and fabric, augmented with multiple layers of resin, and adorned in vibrant colours, the mask is revered as a divine entity. It resides within a designated shrine, the Lakhey Guthi, and is exclusively unveiled during festive occasions.

Prior to the performance, the dancer engages in a series of ritualistic preparations, encompassing fasting, purification, and, in certain instances, prayer ceremonies.



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Access to the mask is restricted to a privileged few, and the metamorphosis from human to Lakhey is regarded as a manifestation of possession — an intertwining of the dancer's essence with the safeguarding power of the demon. The gradual erosion of these rituals is a consequence of the relentless demands of time and practicality. In times past, elders had the luxury of dedicating weeks to meticulously prepare for the performance; however, contemporary participants frequently find themselves fitting rehearsals into the interstices of work commitments or academic obligations.

The Significance of Majipa Lakhey Naach

Beyond its visual grandeur, the Majipa Lakhey Naach fulfils a profound social purpose. It underscores the significance of communal bonds, the reverence of mythological narratives, and the profound impact of ritualistic practices. By embodying the “peaceful demon,” the dance implies that that which is feared can be embraced, transformed, and revered. This art form is fundamentally paradoxical — it embodies a protective rage, a chaotic blessing, and masks that unveil deeper truths. Thus,





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Lakhey Naach provides deep reflections on the essence of humanity, the intricacies of identity, and the multifaceted nature of tradition amidst a transforming landscape.

In Kathmandu, the Lakhey transcends the role of a mere festival figure. He embodies the role of a guardian and educator, serving as a poignant reminder that even in the midst of towering skyscrapers and modern technology, the echoes of ancient spirits continue to traverse the streets, resonating not with fury, but with the weight of memory.

Final Thoughts

The Majipa Lakhey Naach transcends mere dance; it embodies a revered ritual, intricately woven through the tapestry of generations, rich in myth, melody, and profound devotion. As Nepal progresses, it must not forsake the concealed spectre that once pledged to safeguard its youth. In safeguarding the Lakhey, Kathmandu safeguards an integral facet of its identity — untamed, clad in crimson, and echoing through the ages.



# Indian Puppetry

## Puppets of Purpose: From Place Value to Social Value

Padmini Rangarajan



Wonderful, Puppet! Let's craft an article that sings with your signature blend of warmth, insight, and theatrical flair—perfect for *Puthalika Patrika*. Here's a full-length feature that celebrates both performances, honors the students and mentors, and reflects the deeper purpose behind your puppetry work:





# Indian Puppetry

## Puppets of Purpose: From Place Value to Social Value

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### Puppets of Purpose: From Place Value to Social Value

*Oxford Grammar School's Dual Showcase of Learning, Identity, and Expression*

This August, the corridors of Oxford Grammar School echoed not just with applause, but with awakening. In a vibrant confluence of numbers and narratives, students from



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Grades 5 to 7 took to the stage with two transformative performances—each blending academic depth with artistic expression, and each guided by the gentle strings of puppetry.

### “Zero is Hero”: Math with Meaning

Twenty-one Grade 5 students stepped into the world of mathematics through the expressive medium of **Rod puppets**, number characters, and tactile models like **place value houses** and a **division train**. With the nurturing guidance of their Math teachers and the expert training from *Sphoorthi Theatre for Educational Puppetry, Art & Craft (STEPARC)*, the children reimagined math not as a headache, but as a story waiting to be told.

In this joyful performance, **Zero**—often dismissed—found its worth beside others,



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transforming “1” into “10,” “100,” and beyond. The puppets danced through equations, revealing that every digit holds dignity when placed with care. The concept of *Mother Math* emerged as a central metaphor: a figure who guides, comforts, and celebrates curiosity. For many students, especially those who learn best through movement and metaphor, this was a turning point—where math became a language of empowerment.

### “Bhasha ka Chamatkar”: Language as Lens

In a bold Hindi play, fifteen students from Grades 6 and 7 operated **large Rod**



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**puppets** to portray a **blind couple navigating a world shaped by language**. The performance unfolded as a layered social commentary, exploring how speech patterns, accents, and vocabulary often reflect—and reinforce—class distinctions.

Through poetic dialogue, symbolic staging, and expressive silence, the students questioned linguistic bias and celebrated the richness of regional expression. The blind couple became a metaphor for society's unseen prejudices—how language can illuminate or obscure, include or exclude. The play invited audiences to reflect: *Do we listen with empathy, or judge with assumption?*

### A Stage of Transformation

Both performances were supported by Oxford Grammar School's visionary educators and the creative mentorship of STEPARC, whose training in puppetry and expressive arts empowered students to embody learning with confidence and joy.



## Indian Puppetry

### Puppets of Purpose: From Place Value to Social Value

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These showcases weren't just about performance—they were about purpose. They proved that when education meets imagination, children don't just learn—they lead, reflect, and transform. Whether it's a digit discovering its worth or a dialect reclaiming its pride, the puppets spoke volumes.

As *Puthalika Patrika* celebrates this milestone, we honor the students who dared to ask, dramatize, and dream—and the mentors who helped them find their voice, one string at a time.



## About Puppets:

# Puppetry for an individual

Dr. Arun Bansal

Puppetry can be a delightful and rewarding hobby for individuals of all ages, offering opportunities for creativity, self-expression, and personal enjoyment. Here are some ways individuals can explore puppetry on their own:

- 1. Puppet Making:** Start by creating your own puppets using various materials such as fabric, paper, foam, socks, or found objects. Let your imagination run wild as you design and craft unique puppet characters with distinctive features, personalities, and styles.
- 2. Puppet Manipulation:** Practice puppet manipulation techniques to bring your puppets to life. Experiment with different movements, gestures, and voices to animate your puppets and give them individuality and expression. Explore the art of puppetry by mastering techniques such as hand puppetry, string puppetry, rod puppetry, or shadow puppetry.
- 3. Storytelling and Performance:** Use your puppets to tell stories, act out scenes, or perform puppet shows for yourself or others. Create scripts, develop characters, and stage performances in your own puppet theater or makeshift stage. Invite friends, family, or even pets to enjoy your puppetry performances and share in the magic of storytelling.





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- 4. Digital Puppetry:** Explore digital puppetry using technology such as puppet animation software, puppet-making apps, or virtual puppetry platforms. Experiment with digital puppetry techniques to create animated characters, digital puppet shows, or puppet-themed videos to share online or with friends.
- 5. Therapeutic Puppetry:** Use puppetry as a therapeutic outlet for self-expression, relaxation, and emotional release. Create puppets as a form of self-portraiture, expression, or reflection, and use them to explore personal thoughts, feelings, and experiences in a safe and creative way.
- 6. Educational Exploration:** Use puppetry as a tool for self-directed learning and exploration. Use puppets to explore topics of interest, research historical figures, or act out scenes from literature, history, or science. Combine puppetry with other hobbies or

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interests, such as writing, music, art, or photography, to create multidisciplinary puppetry projects.

- 7. Community Engagement:** Share your love of puppetry with others by joining online puppetry communities, forums, or social media groups to connect with fellow puppet enthusiasts, share ideas, and showcase your puppetry projects. Attend puppetry workshops, festivals, or events to learn new techniques, meet other puppeteers, and immerse yourself in the world of puppetry.
- 8. Personal Growth:** Use puppetry as a means of personal growth, self-discovery, and creative expression. Use puppets to explore different aspects of your personality, emotions, or life experiences, and use puppetry as a tool for reflection, mindfulness, and self-awareness.

Overall, puppetry can be a fulfilling and enriching hobby that provides endless opportunities for creativity, self-expression, and personal exploration. Whether you're a beginner or an experienced puppeteer, there's always something new to discover and enjoy in the world of puppetry. So grab your puppets, let your imagination soar, and embark on your own puppetry adventure!





## An initiative by Cremon Montessori Life School

### Books on Wheels: Stories That Roll, Hearts That Open

Dr Anirudh Srinivasan



very third Sunday morning, something quietly magical unfolds in Santosh Nagar public park, Mehdiapatnam, Hyderabad. There is no stage or classroom walls—just a humble van, a carpet of books, and children gathering like birds around a storytelling tree. This is Books on Wheels, a mobile library initiative by Cremon Montessori Life School, Adolescent Environment. They have initiated this project to make reading





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accessible to all the children in the vicinity. Through this initiative, stories travel, imaginations bloom, and learning steps out into the sunlight.

Last Sunday, the park came alive not just with books, but with puppets. Our very own storyteller brought along a collection of characters—meticulously crafted and warmly voiced—and invited children to immerse themselves in tales that danced between fingers and hearts. There was laughter, wide-eyed questions, and quiet moments when a puppet paused, and a child leaned in, as if listening to a secret that only stories can reveal.

This initiative goes beyond merely lending books; it focuses on fostering relationships with reading. Children explore various titles laid out on mats, sit beneath trees with



## An initiative by Cremon Montessori Life School

### Books on Wheels: Stories That Roll, Hearts That Open

Dr Anirudh Srinivasan



picture books, and listen to stories that not only reflect their own experiences but also broaden their horizons. Parents actively participate, sometimes reading aloud and at other times observing as their children discover a passion for words.

The inclusion of puppet stories introduces an additional dimension—visual storytelling that resonates with every child, particularly those who learn through movement, rhythm, and emotion. Whether it depicts a squirrel learning to share or a moonbeam guiding a lost star, each narrative serves as a bridge connecting literacy to life.

#### Why It Matters

## An initiative by Cremon Montessori Life School

### Books on Wheels: Stories That Roll, Hearts That Open

Dr Anirudh Srinivasan



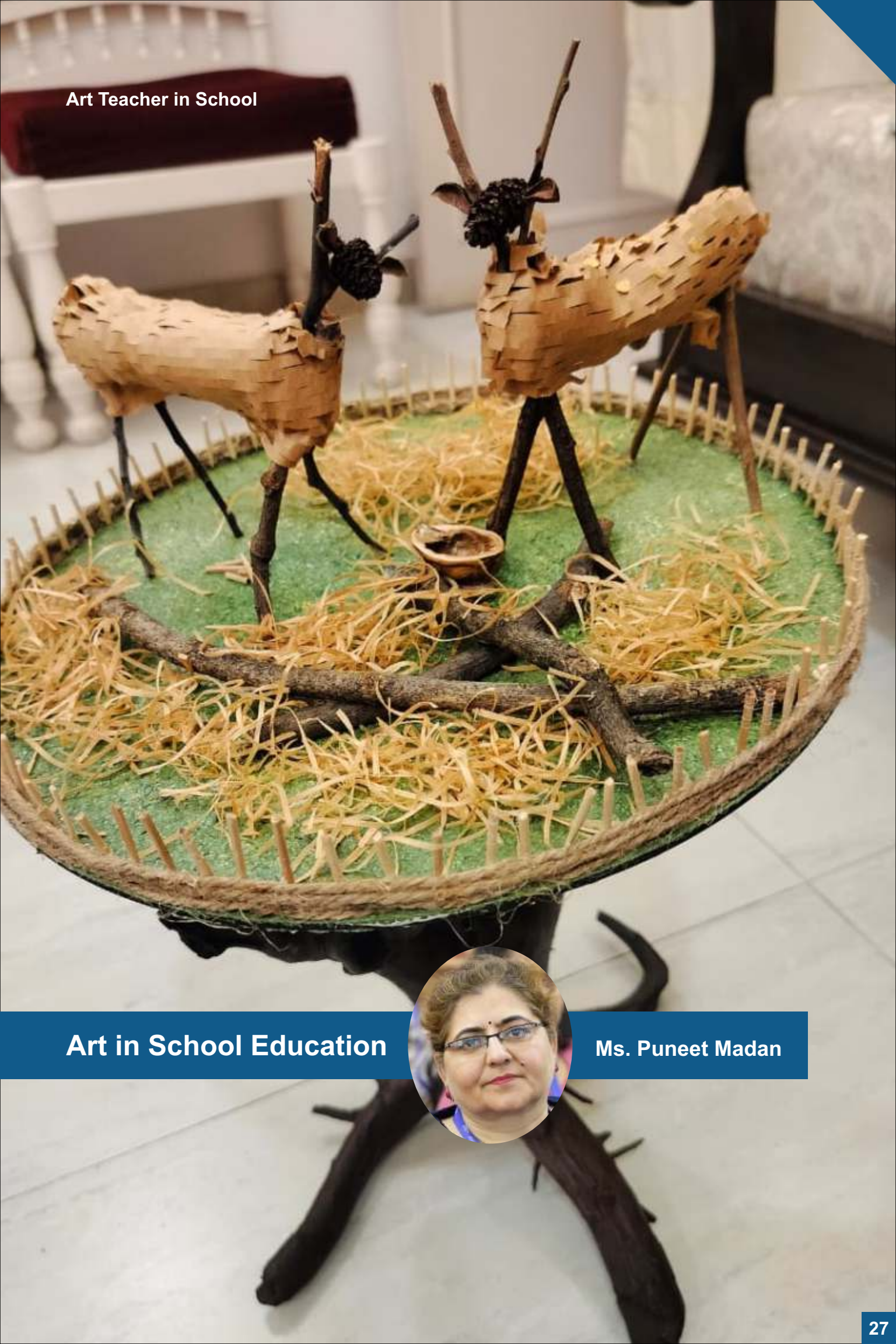
- **Access:** Books reach children who may not have libraries at home or school.
- **Joy:** Reading becomes a celebration, not a chore.
- **Community:** Parks become places of learning, laughter, and connection.
- **Expression:** Puppetry and storytelling offer children new ways to engage with language and emotion.

As *Books on Wheels* continues to roll through the months, we carry not just books, but **possibility**. And with every puppet that speaks, every child who listens, we remind ourselves:

**“Stories don't need walls. They just need hearts willing to hear.”**



Art Teacher in School



Art in School Education



Ms. Puneet Madan



PNA theatre events

# Events of the Month

Mentor: Subhasis Neogi



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## सिटी लाइफ 14-08-2025

# ‘जनता जनार्दन’ में बताएंगे एकता की ताकत

### Play Rehearsal

पंचकूला सेक्टर-16 के आशियाना शिक्षा में 15 अगस्त के लिए स्टूडेंट्स नाटक जनता जनार्दन की रिहर्सल कर रहे हैं।

सिटी रिपोर्टर | कंडीगढ़



**यह बच्चे करेंगे एक्ट** | नाटक में रितिका, कृति, नंदीनी, हनी, शिवानी, आयुष, खुशी, शिवम, इशान, अयान, श्रद्धा, दिवांजना, शिवम, जाह्नवी, साना, मंदीप और अनन्य शामिल होंगे।

यह जो पब्लिक है, सब जानती है। मगर जानती क्या है? यही जानना है? नाटक जनता जनार्दन ऐसे ही सवाल जवाब पूछेगा। आजादी के लिए तैयार हो रहा नाटक न केवल सवाल पूछेगा बल्कि इसमें ह्यूमन पिरामिड भी देखने को मिलेगा। जिसे आशियाना शिक्षा सेक्टर-16, पंचकूला के स्टूडेंट्स एक्ट करेंगे। नाटक का निर्देशन रीटा कर रही हैं। उन्होंने कहा - नाटक में सभी लोगों से संवाद होगा। देश

आजाद हुआ है, मगर भ्रष्टाचार ने मिलकर लिखा। इसमें क्या और गरीबी जैसे अभिशाप से कब आप भ्रष्टाचार मुक्त देश चाहते आजादी पाई जाएगी। इसे सभी हैं? अगर हां तो फिर आप क्या

अपने आस पास होने वाला छोटे से छोटा भ्रष्टाचार रोकने के लिए क्या आवाज उठाएंगे? जैसे सवाल लोगों से पूछ जायेंगे, फिर एकता के बल पर बात करते हुए ह्यूमन पिरामिड बनाई जाएगी। नाटक में अभिनय कर रही नैसी ने कहा कि आशियाना होम्स में होने वाली क्लासेस से हमने थिएटर सीखा है। ऐसे में फिजिकल थिएटर, जिसमें बाँड़ी का इस्तेमाल करते हुए विभिन्न मुद्राओं में स्थिति को बयान किया जाता है, हमें पसंद है। इसमें जो बच्चे एथलेटिक्स के होते हैं उन्हें भी प्राथमिकता देते हैं। नाटक को सेक्टर-16 पंचकूला की कुछ जगहों में किया जाएगा, साथ ही आशियाना शिक्षा केंद्र में भी। हमने रंगमंच भी रंगमंच के लिए कितने ही संदेश लोगों को दे चुके हैं। रंगमंच द्वारा हमें न केवल पढ़ने में बल्कि अपनी भावनाएं व्यक्त करने में भी मदद मिलती है।



PNA theatre events

Events of the Month

Mentor: Subhasis Neogi and Pranita Biswas, Vriddhi

सिटी  
स्पॉटलिट

चंडीगढ़, 6 अगस्त, 2025 www.jagran.com

रक्षा का बंधन  
प्रकृति के संग

रक्षाबंधन के मौके पर जानते हैं उन  
प्रवास के बारे में जो दूसरों के लिए हैं

रक्षा का यह बंधन पर्यावरण से लेकर खुशी वांटने और मदद के लिए

रक्षा का बंधन

चंडीगढ़ : रक्षाबंधन को तैयारी हर ओर देखने को मिल रही है। सभी इसे रक्षा बंधन में जुटे हुए हैं। लेकिन इस बीच कुछ लोग ऐसे हैं जो अपने के अलावा दूसरों के बारे में सोच रहे हैं। ताकि त्योहार के इस मौके पर खुशियां बांटी जाएं, दूसरों की मदद की जाए या कुछ ऐसा किया जाए जिससे एक संदेश भी लोगों तक पहुंचे। इसका एक उत्कृष्ट समाल में सार्वजनिक बदलाव लाया है।

इस कड़ी में एक ओर जहां पर्यावरण के संरक्षण के लिए रक्षा फोर नेचर अभियान चला रहा है, इसमें लोगों को संदेश दिया जा रहा है कि हमें पर्यावरण को रक्षा के लिए हर संभव प्रयास करना है। वहीं दूसरी ओर सुविधा से वंचित बच्चों को राखी बनाना सिखाया जा रहा है। कहीं पर भुगतान से राखियों दी जा रही हैं। सोचा जा रहा है उन व्यक्तियों के बारे में जो सरहद पर देश की रक्षा कर रहे हैं। जानते हैं ऐसे ही लोगों के अनुभव के बारे में।



न्यू चंडीगढ़ में राखी मेकिंग व वॉलेंटियर हुए=राखी



पुनित मजूम

**त्योहार मनाने में परेशानी न हो इसलिए आगे आए**

नेपुरल बायोकाएलमिटी ग्रुप से पुनित मजूम ने बताया कि हमारे पास बहुत लोग अंग और इन्होंने हमें राखियां देने की और कुछ राखियां हमारे ग्रुप की ओर से कनई गई। यह सब इसलिए ताकि जरूरतमंद को मदद की जा सके। उनके त्योहार को खास बनवा जाए। अब हम जमझ-जमझ पर जा कर लोगों को राखियां बांट रहे हैं। हाल में मोहाली के अलग-अलग जमझ पर राखी बांटी। मुझे लगता है कि हम सभी अपने स्तर पर यह कदम उठा सकते हैं और राखी से लेकर बाकी सामान भी दे सकते हैं। ताकि किसी को त्योहार मनाने में परेशानी न आए।



देशी ककारिया

**रक्षा फोर नेचर अभियान चलाया जा रहा**

एनजीओ लम्पना की ओर से रक्षा फोर नेचर अभियान चलाया जा रहा है। फाउंडर प्रिंसिपल वेंशा ककारिया ने बताया कि पर्यावरण है तो हम है, यह हमारी रक्षा करता है, इसलिए जरूरी है कि हमें भी पर्यावरण की रक्षा करना चाहिए। इसके लिए एक तरीका पौधे लगाना और उसकी देखभाल भी करना है। हमारी टीम में भी ऐसा किया और अब दूसरी को भी जामरूका कर संदेश दे रहे हैं कि इस रक्षाबंधन में पर्यावरण के लिए एक कदम उठाना चाहिए।



रक्षा फोर नेचर के तहत टी प्रोटेक्शन करते हुए=राखी

**सभी अपने स्तर पर भी कर सकते हैं काम : परनीता**

जुद्धि एनजीओ से परनीता विश्वास ने बताया कि हाल ही में न्यू चंडीगढ़ में गए। वहां जल्दतरमद कर्मी को राखी बनाने सिखाया और इसके बाद राखियां बांटीं भी। यह प्रयास सभी अपने स्तर पर भी कर सकते हैं। अब आठ अगस्त को जुबैनाहल होम भी जाना है। वहां भी राखी मेकिंग वॉलेंटियर होंगी।

**देश की रक्षा कर रहे हैं उनके बारे में सोचना है : विद्याशा**

प्रसन्नोत्तम की ओर से राखियां बनाई गईं। इसके बारे में विद्याशा ने बताया कि सभी का तरीका अलग होता है। हमने सोचा बहुत न रडकी के बारे में उनके लिए राखी तैयार की जाए जो देश की रक्षा कर रहे हैं। इनलिए हम जल्द ही प्रीतिपी के लिए राखियां भेजेंगे। हम सभी को इनके लिए भी सोचना चाहिए।



प्रीतिपी के लिए राखियां तैयार करते हुए=राखी



जुद्धि एनजीओ की ओर से तैयार की जा रहे राखियां=राखीपीटी



PNA theatre events

Creativity



सिटी लाइफ 06-08-2025

Mentor: Subhasis Neogi and Pranita Biswas, Vriddhi

# कागज पर उतारे डिजाइन और तैयार की राखी

**Workshop**  
न्यू चंडीगढ़ में आर्थिक रूप से कमजोर बच्चों को राखी बनाने की कला सिखाई गई।  
सिटी रिपोर्टर/चंडीगढ़



ओमकार चौधरी ने कहा - हर हफ्ते एक ऐसी वर्कशॉप की जाती है, जिससे बच्चों को सस्टेनेबल डेवलपमेंट और साथ ही कैसे वेस्ट मटीरियल से चीजों को बनाया जाया सिखाया जाता है। ताकि वह घर में पड़े वेस्ट मटीरियल से अपने लिए खिलौने और जरूरी वस्तु तैयार कर सके। इस वर्कशॉप में कई संस्थाएं भी आकर मदद करती है। इनमें से अधिकतर बच्चे स्कूल नहीं जा पाते, ऐसे में इन्हें पढ़ाने के लिए भी ग्रुप मदद करता है। रक्षाबंधन के तहत इस बार इन बच्चों को हाथों से राखी बनाना सिखाया, साथ ही इन्हें राखी गिफ्ट भी की गई। अगले हफ्ते स्वतंत्रता दिवस पर इन्हें देश और राष्ट्र प्रेम से जुड़ी कविताएं और साहित्य से अवगत करवाया जाएगा।

राखी बाजार से ही खरीदोगे या खुद भी बना सकते हो? सवाल सुनकर बच्चे हंसे और फिर उन्हें हाथों से राखी बनाकर भी दिखाई। न्यू चंडीगढ़ में चल रहे कम्युनिटी वर्कशॉप में पीएनए थिएटर के साथ मिलकर वृद्धि एजुकेशनल एंड सोशल वेलफेयर सोसायटी ने मिलकर आर्थिक रूप से कमजोर

बच्चों को राखी बनाने की कला सिखाई। इस दौरान बच्चों को मुफ्त में डाईंग मटीरियल दिया गया। जिसमें उन्हें संस्था के वॉलंटियर्स द्वारा राखी के डिजाइन बनाना सिखाया गया। इसके बाद इन डिजाइन को

कट करके इस पर गते की परत से मोटा बनाया गया और फिर इन्हें धागों से चिपकाया गया। वर्कशॉप के दौरान 20 बच्चों ने हिस्सा लिया, जो आसपास के मजदूरों को बच्चे हैं। पीएनए पपेट थिएटर से जुड़े







Mentor: Subhasis Neogi

PNA theatre events

**Creativity**



PNA theatre events

# Events of the Month

Mentor: Subhasis Neogi





PNA theatre events

## Events of the Month

Mentor: Subhasis Neogi







social  
substance



Interactive Bioscope Talk Show Series

T.S. CENTRAL STATE LIBRARY, SECTOR 17 CHANDIGARH

SPHOORTHY THEATRE FOR EDUCATIONAL PUPPETRY and ART & CRAFT

SOCIAL SUBSTANCE

Session Suitable for all age groups

Information Technology and AI

Career options in the era of AI



Puneet Arora

Author and Entrepreneur

FB LIVE at

[facebook.com/groups/socialsubstance](https://facebook.com/groups/socialsubstance)

[facebook.com/cslchd](https://facebook.com/cslchd)

Sunday, Sep 7, 2025, 11 AM

Google Meet Session

[meet.google.com/vgy-asht-rxx](https://meet.google.com/vgy-asht-rxx)

Mrs. Neelam Bansal, Library Incharge

Dr Neeza Singh, Librarian

Library Whatsapp: +91 77195 98009

8360188121 for any technical assistance

## Events of the Month

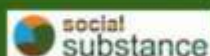
Social Substance events

## Department of ALUMNI RELATIONS

## APPEAL FOR THE FLOOD RELIEF AID

Alumni House  
Panjab University, Sector 25  
Chandigarh  
Timings: 8 AM to 8 PM

Prof. Renu Vig  
PUAA President and HVC  
Panjab University  
Chandigarh



8146911394 | 9056556109 | 8360188121 | 9888337725



Clothes

Ladies Garments

Kids Garments

First Aid Kits

Hand wash

Mosquito Repellent

Cattle feed

Torches

Batteries

SPOTLIGHT  
[www.firgupta.com](http://www.firgupta.com)

### THOUSANDS TRAPPED IN PUNJAB FLOODS



A collection centre has been set up at Alumni House

This is an appeal to alumni of Panjab University  
Faculty Members, and volunteers to come forward  
and join hands to help our brothers and sisters in  
these difficult times

Last Date: Sep 13, 2025

Prof. Latika Sharma  
Dean Alumni Relations



## Events of the Month

Social Substance events

# Bhai Ghanaiya Ji Institute of Health With Social Substance

## First Aid Training Session

Dr. Rupinder Kaur, CMO, PU

## Art Therapy

Common Room  
Gh2, Panjab University

Wednesday  
Aug 20, 5:20 PM

Dr. Papiya, Warden  
Dr. Arun Bansal, Coordinator

[facebook.com/groups/socialsubstance](https://facebook.com/groups/socialsubstance)

## Workshop

# बच्चों ने वेस्ट मटीरियल से तैयार किए खिलौने

सिटी रिपोर्टर | चंडीगढ़

Social Substance events

## Events of the Month

आर्ट के प्रति दिलचस्पी दिलाने के उद्देश्य से वर्कशॉप का आयोजन किया गया। इसमें सेक्टर-41 स्थित सरकारी स्कूल के बच्चों ने हिस्सा लिया। वर्कशॉप में आर्टिस्ट पुनीत ने बच्चों को वेस्ट पेपर से पपेट डॉल्स, वाइल्ड डीयर, बटरप्लाइ और पपेट टॉयज बनाने सिखाए। सभी टॉय ईको फ्रेंडली मटीरियल से तैयार किए गए। जिसमें हैंड शेकिंग पपेट डॉल्स और फोरेस्ट एनिमल डीयर खास रही। इसके लिए नारियल के खोल, ऊन, पेपर, फेविकोल और एक्रेलिक रंगों की मदद ली गई। आर्टिस्ट पुनीत ने कहा - इसके लिए बैलेंसिंग और नोटिंग तकनीक का इस्तेमाल किया गया। इसके अलावा दो अन्य टॉयज के लिए आइसक्रीम स्टिक, थ्रेड, पेपर और स्केच पैन



फ्रॉम तकनीक की मदद ली गई। पुनीत ने कहा - बच्चों को क्रिएटिव प्रोसेस सिखाना जरूरी है, जिससे वह बचपन में ही इमेजिनेशन को बेहतर बनाते हुए कैनवास पर कुछ नया पेंट कर सकते हैं। ऐसी तकनीक जिनसे आसानी से घर में ही टॉयज बना सकें, इसे यहां इस्तेमाल किया गया, जिसमें साइंस भी जुड़ी है। ये सभी तकनीक जिनसे





## Events of the Month







## Creative Corner:



**Use the given symbol/ figure as a reference and complete a meaningful picture**

This is open for kids between the age group of 5 to 14 years.

Use the symbol/ figure as a reference and complete a meaningful picture.

(Free to use colour pencils, crayons or paints)

Post the completed pictures and give full details:

Name, Parent/s name, Age of the child, Class, School, Place and State

Contact number to

[puthalikapatrika@gmail.com](mailto:puthalikapatrika@gmail.com)

The best six will be issued e-Certificate

**Final Submission Date: Sep 22, 2025**







MISHTY GUPTA  
CLASS - 5<sup>th</sup>



# Nature’s Lap

[facebook.com/groups/naturalbiodiversity](https://facebook.com/groups/naturalbiodiversity)

Dr. Arun Bansal









# Cam Art

Dr. Arun Bansal

[facebook.com/groups/naturalbiodiversity](https://facebook.com/groups/naturalbiodiversity)





[facebook.com/groups/naturalbiodiversity](https://facebook.com/groups/naturalbiodiversity)

# Cam Art

Dr. Arun Bansal





[facebook.com/groups/naturalbiodiversity](https://facebook.com/groups/naturalbiodiversity)

# Cam Art

Dr. Arun Bansal

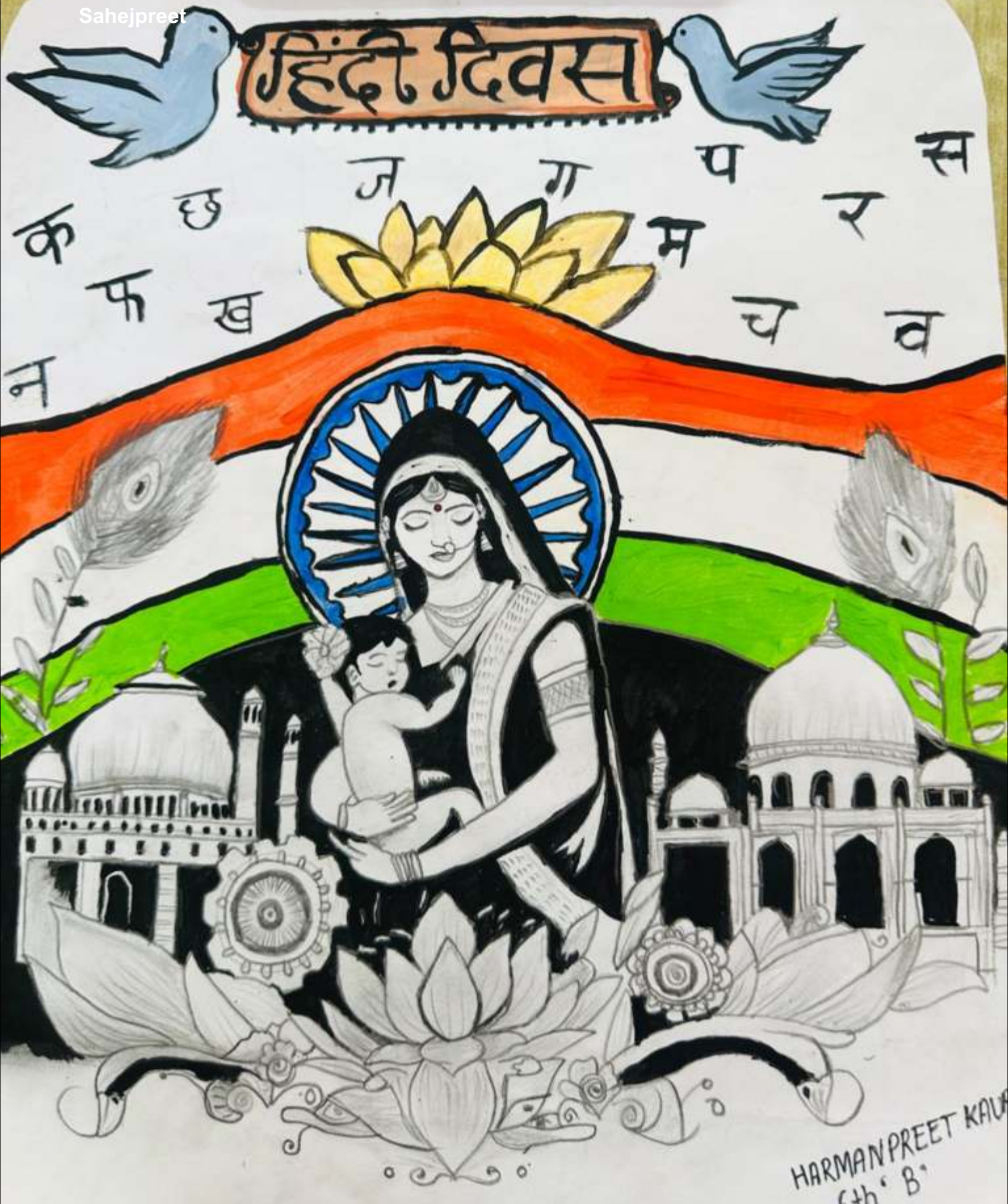




facebook.com/groups/socialsubstance

Colours of Art

Sahejpreet

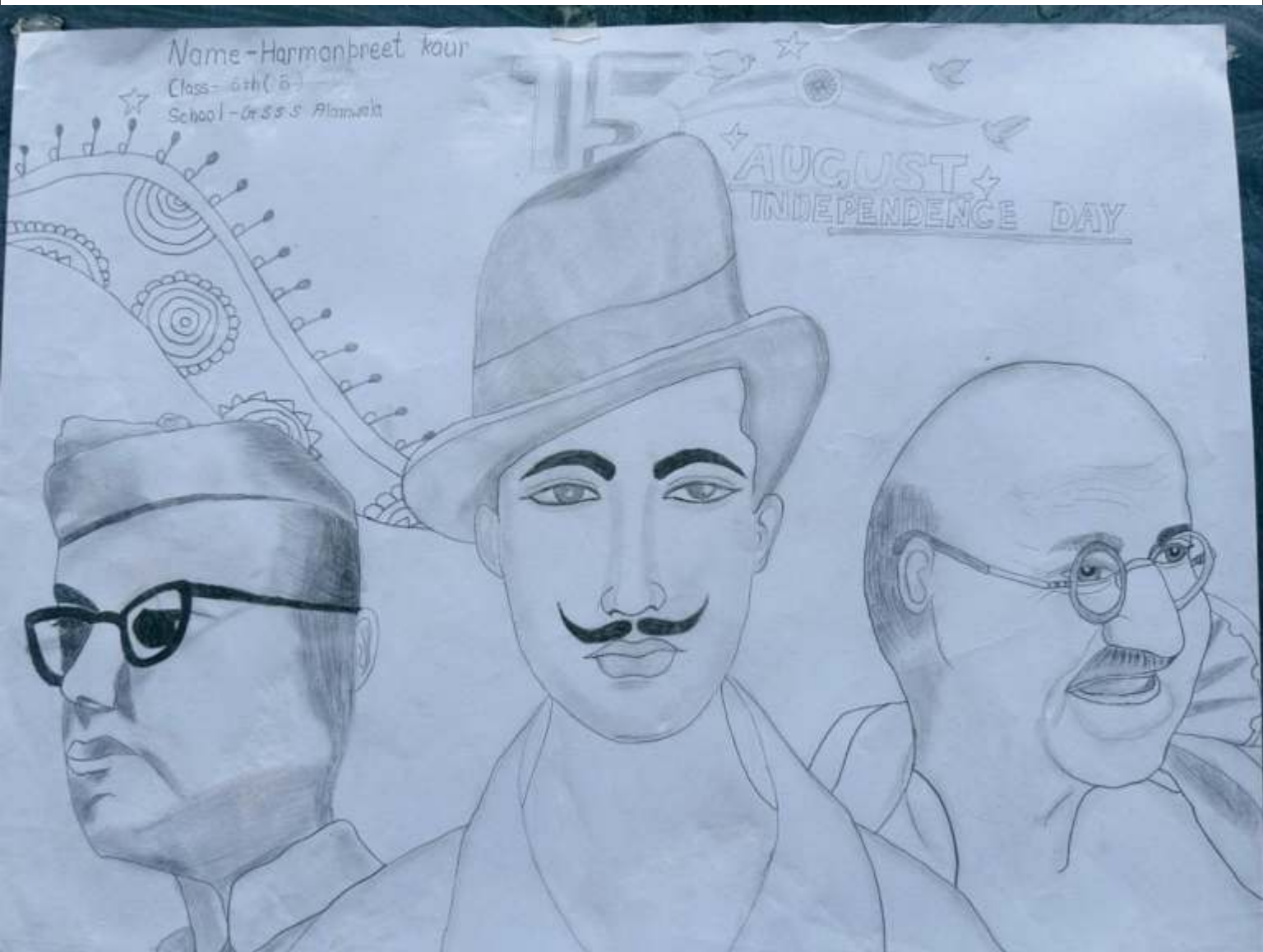




[facebook.com/groups/socialsubstance](https://facebook.com/groups/socialsubstance)

# Colours of Art

**Harmanpreet Kaur**  
**Class 6th Govt Sen. Sec. Smart School**  
**Alamwala Dist. Sri Muktsar Sahib**





# Paper modelling

## WASTE TO WEALTH TIPS

**MEESHA GHOSH**  
Class: 2  
DELHI PUBLIC SCHOOL  
Gautam Buddh Nagar  
Noida

STEPS



We are changing the nomenclature for edition's month. From hereon Month of Publishing  
Date would be Month of Edition of Puthalika Patrika

For Subscription please contact at

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# Participate in PUTHALIKA PATRIKA

Artists, Art lovers, Parents, Teachers and Anyone Passionate  
towards traditional arts, vishual arts and folk arts are welcome to  
contribute articles for Puthalika Patrika Puppetry  
News Magazine

[puthalikapatrika@gmail.com](mailto:puthalikapatrika@gmail.com)

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